

BO text – School guide 2024-2025

Centre for Youth and Family (CJG)

Do you have a question about raising your child? Then you can contact the Centre for Youth and Family. Various professionals work together here, such as youth doctors and youth nurses from youth health care and pedagogues. Each staff member has their own specific expertise to support you and your child. The staff at the Centre for Youth and Family work together with the school in various ways.

Youth Health Care (JGZ)

The youth health care system invites the children from groups 2 and 7 for an annual examination. They will check whether your child can hear and see well, how your child is growing and how it is developing. You can also get advice on, for example, nutrition, toilet training, behaviour, dealing with peers and preventing bullying. You can always contact us for advice or additional research. We are there for students from groups 1 to 8. The paediatrician or paediatric nurse can also participate in the consultation of a school care team.

In most schools, a speech therapist from the youth health care system, with your permission, examines the speech and language development of all children aged five. We do this in municipalities that give extra money for this.

Course or parents' evening

Parenting is a true art. Think of a toddler who says 'no' to everything, a ten-year-old who is very insecure, or a twelve-year-old who is going through puberty. Or you've just gotten divorced. Every parent can use some advice from time to time. The Centre for Youth and Family organises a wide range of (online) parenting courses, theme meetings and webinars on various topics to support you in your upbringing. There is something for everyone.

The children themselves can also follow a course at the Centre for Youth and Family, for example resilience training. For the full range of courses, visit www.cjgcursus.nl. Or follow CJG course on Facebook and Instagram.

The Centre for Youth and Family also organises parents' evenings at schools for parents on a (health) theme that the school is working on. For example, nutrition and exercise, resilience or transgressive behaviour.

Growth Guide and digital Centre for Youth and Family

Are you looking for more information about your child's development? Then take a look at www.groeigids.nl

You can look up parenting information here or click through to the CJG website for more information and support in your area: www.cjghm.nl

Sign up for a course or meeting, read other parents' blogs or join the discussion on the forum. You can ask your question via the chat or the E-consultation. Of course, our addresses and opening hours are also on the website. And you will find our Facebook page.

Contact

If you would like to contact the staff of the Centre for Youth and Family at your school, please call 088 – 254 23 84. You can also send an e-mail to mailvragen@cjghm.nl (mention the your child's name, date of birth and school).

Learn more

www.groeigids.nl for more information about your child's development

www.cjghollandsmidden.nl – online CJG / www.cjgcursus.nl – CJG courses